

Local Produce List – Week of 05/29/2017

Local Fruits and Vegetables

Item	Description	UOM	Prime Time	Grower
8740	Apple Cider	4/1 gal	Year Round	Apple Wedge, Hendersonville, NC
9012	Arugula	3lb	April – May	Smith Farms/Flippo Farms, NC
1805	Cauliflower	8ct	May	Wise Farms, Mount Olive, NC
1147	Beets, Red Organic	12ct	April – June	Rouse Brothers Farm, Rose Hill, NC
8172	Blueberries	12pt	April – July	Augustine Farms, Harrells, NC
5243	Chard, Rainbow Organic	24ct	April – May	Rouse Brothers Farm, Rose Hill, NC
8560	Eggs, Cage Free	15dz	Year Round	Eggs America, Bethune, SC
1945	Greens, Collards	12ct	Year Round	Burch Farms, NC / Wise Farms, NC
1943	Greens, Collards, Organic	12ct	Oct – Nov	Rouse Brothers Farm, Rose Hill, NC
2285	Kale	24ct	Year Round	Burch Farms, NC / Willard Farms, SC
2257	Kale, Lacinato (Black)	12ct	May – June	Rouse Brothers Farm, Rose Hill, NC
2284	Kale, Organic	24ct	Oct – Nov	Rouse Brothers Farm, Rose Hill, NC
2876	*Lettuce, Fancy Mix	24ct	Year Round	Sunny Creek, Tryon, NC
2900	Lettuce, Hydro Bibb	12ct	Year Round	Sunny Creek, Tryon, NC
9856	*Microgreens, Amaranth Red	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9005	*Microgreens, Arugula	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9044	*Microgreens, Basil	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9851	*Microgreens, Bulls Blood	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9852	*Microgreens, Celery	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9123	*Microgreens, Cilantro	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9850	Microgreens, Rainbow Mix	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9858	*Microgreens, Pea Shoots, Organic	8oz	Apr – May	Smith Farms, Stoneville, NC
9854	*Microgreens, Purple Basil	8oz	Year Round	Lucky Leaf, NC / Tega Hills, SC
9842	*Microgreens, Sunflower, Organic	8oz	Apr – May	Smith Farms, Stoneville, NC
4470	Potatoes, Sweet, 5-7oz	40lb	Year Round	Scott Farms, Lucama, NC
4465	Potatoes, Sweet 40/50ct	40lb	Year Round	Scott Farms, Lucama, NC
4460	Potatoes, Sweet 50/60ct	40lb	Year Round	Scott Farms, Lucama, NC
4450	Potatoes, Sweet 90/100ct	10lb/40lb	Year Round	Scott Farms, Lucama, NC
4471	Potatoes, Sweet Carolina Ruby	10lb/40lb	Oct – June	Scott Farms, Lucama, NC
4435	Potatoes, Sweet Fingerling	10lb/40lb	Oct – June	Scott Farms, Lucama, NC
4474	Potatoes, Sweet Murasaki	10lb/40lb	Oct – June	Scott Farms, Lucama, NC
4472	Potatoes, Sweet Purple	10lb/40lb	Oct – June	Scott Farms, Lucama, NC
4473	Potatoes, Sweet White Bonita	10lb/40lb	Oct – June	Scott Farms, Lucama, NC
4760	Radish, Organic French Breakfast	12ct	May	Smith Farms, Stoneville, NC
5101	Sprouts, Bean	4/2.5lb	Year Round	Sunny Creek, Tryon, NC
9872	Spring Mix	4lb	April – May	Flippo Farms, Elm City, NC
8312	Strawberries (NC)	8/1lb	April – June	Lewis Farms, Rocky Point, NC
5305	Squash, Yellow	20lb	May – Sept	Wise Farms / Barbee Farms
5355	Squash, Green	20lb	May – Sept	Wise Farms / Barbee Farms

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Local Fruits and Vegetables Continued

5307	Squash, Yellow Fancy	20lb	May – Sept	Wise Farms / Barbee Farms
5357	Squash, Green Fancy	20lb	May – Sept	Wise Farms / Barbee Farms
5951	Turnips	18lb	April	Wise Farms, Mount Olive, NC
4801	Rutabagas	45lb	March-April	Wise Farms, Mount Olive, NC
9435	*Wheatgrass	3lb Tray	Year Round	Sunny Creek, Tryon, NC

Local cheese – Pre-Order 3-7 Days

Item	Description	UOM	Availability	Artisan
NC0671	Creamy Classic Chevre	4/2lb	Year Round	Goat Lady Dairy, Climax, NC
NC0672	Creamy Classic Chevre	2/4lb	Year Round	Goat Lady Dairy, Climax, NC
NC0674	Plain Chevre	12/.33lb	Year Round	Goat Lady Dairy, Climax, NC
NC0677	Providence Goat Gouda	5lb wheel	Year Round	Goat Lady Dairy, Climax, NC
NC0680	Smokey Mountain Chevre	8/.5lb	Year Round	Goat Lady Dairy, Climax, NC
NC0700	Horseradish Chevre	12/.33lb	Year Round	Goat Lady Dairy, Climax, NC
NC0701	Roasted Red Pepper Chevre	12/.33lb	Year Round	Goat Lady Dairy, Climax, NC
NC0702	Fig & Honey Chevre	12/.33lb	Year Round	Goat Lady Dairy, Climax, NC
NC0703	Jalapeno Chevre	12/.33lb	Year Round	Goat Lady Dairy, Climax, NC
NC0720	Snow Camp	6/4oz	Year Round	Goat Lady Dairy, Climax, NC
NC0800	Lindale Cow Gouda	10lb wheel	Year Round	Goat Lady Dairy, Climax, NC

Local salamis – Pre-Order 3-7 Days

Item	Description	UOM	Availability	Artisan
NC0560	Salami Classico Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0570	Salami Hot Sopressata Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0510	Salami Milano Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0515	Salami Milano Lg.	3lb	Year Round	San Giuseppe Salami Co, NC
NC0520	Salami Pepperoni Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0525	Salami Pepperoni Lg.	3lb	Year Round	San Giuseppe Salami Co, NC
NC0530	Salami Sicilian Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0535	Salami Sicilian Lg.	3lb	Year Round	San Giuseppe Salami Co, NC
NC0500	Salami Sweet Sopressata Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0540	Salami Vesuvio Chub	12/6.5oz	Year Round	San Giuseppe Salami Co, NC
NC0505	Salami, Sweet Sopressata Lg.	3lb	Year Round	San Giuseppe Salami Co, NC

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Local Artisan Sauces

Item	Description	UOM	Availability	Artisan
LF1000	Marinara, Classic	12/24oz	Year Round	Local Folks Foods, Wilmington, NC
LF1001	Marinara, Classic	12/16oz	Year Round	Local Folks Foods, Wilmington, NC
LF1050	Marinara, Rst Garlic Basil	12/24oz	Year Round	Local Folks Foods, Wilmington, NC
LF1051	Marinara, Rst Garlic Basil	12/16oz	Year Round	Local Folks Foods, Wilmington, NC
LF1100	Salsa, Fire Rst Mild	12/12oz	Year Round	Local Folks Foods, Wilmington, NC
LF1101	Salsa, Fire Rst Med	12/12oz	Year Round	Local Folks Foods, Wilmington, NC
LF1102	Salsa, Fire Rst Hot	12/12oz	Year Round	Local Folks Foods, Wilmington, NC
LF1200	BBQ Sauce, Carolina Swt	12/13oz	Year Round	Local Folks Foods, Wilmington, NC
LF1210	BBQ Sauce, Swt Heat	12/13oz	Year Round	Local Folks Foods, Wilmington, NC
LF1220	BBQ Sauce, Swt & Smky	12/13oz	Year Round	Local Folks Foods, Wilmington, NC
LF1230	BBQ Sauce, East Carolina	12/13oz	Year Round	Local Folks Foods, Wilmington, NC
LF1240	BBQ Sauce, Georgia Mustard	12/13oz	Year Round	Local Folks Foods, Wilmington, NC
LF1300	Mustard, Stoneground	12/8oz	Year Round	Local Folks Foods, Wilmington, NC
LF1310	Mustard, Dill Pickle	12/8oz	Year Round	Local Folks Foods, Wilmington, NC
LF1320	Mustard, Red Jalapeno	12/8oz	Year Round	Local Folks Foods, Wilmington, NC

Local tempeh and hempeh – Pre-Order 3-7 Days

Item	Description	UOM	Availability	Artisan
NC2004	Hempeh, Smoked Salt & Pepper	7/6oz	Year Round	Smiling Hara Tempeh, Asheville, NC
NC2003	Tempeh, Sweet Miso Ginger	7/8oz	Year Round	Smiling Hara Tempeh, Asheville, NC
NC2001	Tempeh, Black Bean, Soy-Free	12/8oz	Year Round	Smiling Hara Tempeh, Asheville, NC
NC2002	Tempeh, Black Eyed Pea, Soy-Free	12/8oz	Year Round	Smiling Hara Tempeh, Asheville, NC
NC2000	Tempeh, Foodservice Soy, Frozen	7/24oz	Year Round	Smiling Hara Tempeh, Asheville, NC

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