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Market Alerts

LETTUCE Quality is good, but pricing is slightly higher than normal on **Iceberg and Leaf lettuces**, with **Romaine** being the best value. Consider using **pre-cut product** for optimal cost where possible.

GREEN GRAPES The Chilean grape season is almost over, and Mexican/Californian harvests have not yet ramped up. **Green Grapes** are in very short supply and pricing is extremely high. Use **Red Grapes** wherever possible as the better cost option. Quality is fair on both colors.

CAULIFLOWER Prolonged cold temperatures in California's growing region have caused short supplies on **Whole Heads** and **Florets**. Pricing is higher than normal, and quality is good to fair.

BELL PEPPERS Field transition in the Southeast has caused a short supply gap for **Green Bell Peppers**. Pricing is higher than normal, with **Choice Grade** product being the best value. Quality is good.

SQUASH Yellow and Zucchini (Italian) Squash supplies are in a short gap, due to field transitions in both Mexico and the Southeast. Quality is good, but pricing may be higher than normal, with **Medium-sized Zucchini** being the best value.

A Peek at Peak Seasons

Cantaloupe: Harvests out of Central America, Mexico and California are great quality, with high sugar levels.

Tomatoes: Mexico and Florida's early spring harvests are very strong. Supplies of Round, Roma and Grape Tomatoes are plentiful and quality is very good for this time of year.

Strawberries: California's harvests are in their first seasonal peak in all regions. Quality is excellent.

Fiddlehead Ferns: Another spring crop with a short season, this tightly wound vegetable has a taste and texture similar to asparagus. Ask your distributor for availability.

Brussels Sprouts: Supplies are plentiful and quality is very nice, with vibrant color and firmness.

Weather Update



California: Cold temperatures and moist conditions continue throughout the Central Coast.

Mexico: Warm and dry conditions to the north, seasonal temperatures and precipitation in the Central regions.

Florida: Seasonal temperatures and scattered showers over most of the state.



Commodities at a Glance

 APPLES	Quality and pricing are good	 CELERY	Quality and pricing are good	 LETTUCE LEAF	Quality is fair; pricing is higher
 ASPARAGUS	Quality is good, pricing is higher on most sizes	 CITRUS (LEMONS)	Quality and pricing are good	 LETTUCE TENDER LEAF	Quality and pricing are good
 AVOCADO	Quality and pricing are good	 CITRUS (LIMES)	Quality and pricing are good	 MELON (CANTALOUPE)	Quality and pricing are good
 BELL PEPPERS	Quality is good to fair; pricing is very high	 CITRUS (ORANGES)	Quality is good, sizes are running large, pricing is higher	 MELON (HONEYDEW)	Quality is good, pricing is slightly higher
 BERRIES (BLACKBERRIES)	Quality and pricing are good	 CUCUMBERS	Quality and pricing are good	 MELON (WATERMELON)	Quality and pricing are good
 BERRIES (BLUEBERRIES)	Quality and pricing are good	 EGGPLANT	Quality and pricing are good	 ONIONS	Quality and pricing are good
 BERRIES (RASPBERRIES)	Quality and pricing are good	 GARLIC	Quality is fair; pricing is higher	 PEARS	Quality and pricing are good
 BERRIES (STRAWBERRIES)	Quality and pricing are good	 GRAPES (GREEN)	Quality is fair; pricing is extremely high	 PINEAPPLES	Quality and pricing are good
 BROCCOLI	Quality is good, pricing is higher	 GRAPES (RED)	Quality is fair; pricing is good	 POTATOES	Quality is good, pricing is higher. 90 CT and smaller sizes are the best value.
 BRUSSELS SPROUTS	Quality and pricing are good	 GREEN ONIONS	Quality is good to fair; pricing is steady	 POTATOES (COLORED)	Quality and pricing are good
 CARROTS	Quality and pricing are good	 KALE	Quality and pricing are good	 SQUASH	Quality is good, pricing is higher
 CAULIFLOWER	Quality is fair; pricing is extremely high	 LETTUCE ICEBERG	Quality is good, pricing is higher	 TOMATOES	Quality and pricing are good

