

Market Alerts

EASTERN VEGETABLES Hurricane Florence's heavy rains and winds last week further impacted supplies of **Cucumbers**, **Bell Peppers**, **Eggplant**, and **Squash**. Quality is good to fair, and pricing may be higher in certain markets.

BERRIES Harvest transition continues to affect supplies and quality of **Strawberries**, **Blueberries**, and **Blackberries**. Quality is fair, and pricing may be higher in certain markets.

AVOCADOS Supplies of **Iceberg** and **Green Leaf Lettuce** have lightened, due to cooler weather and the beginning of field transition on the West Coast to points south. Quality is fair, with some insect activity and lighter case weights reported. Consider **Romaine** or **pre-cut product** for optimal cost and quality.

ORANGES 113 CT and smaller Oranges are very scarce, and will continue to be through the end of October when the Navel season begins and the Valencia season ends. **88 CT and larger sizes** are plentiful. Quality is fair to poor on all sizes and grades, with softness, mold and decay all reported. Consider **Apples** or **Stone Fruit** as a hand fruit alternative.

TOMATOES Roma, Cherry, and Grape tomatoes have all been affected by Hurricane Florence in the Southeast and heavy rains in Mexico's Baja region. Quality is fair and pricing is higher. **Round tomatoes** are the best cost and quality option.

A Peek at Peak Seasons

Apples: All varietals are being harvested out of the major growing areas: Washington, Michigan and New York and more. The perfect autumn hand fruit!

Pear: Bartlett, Bosc and Red Pears are approaching peak harvest out of Washington and California. Quality is excellent.

Melons: Quality is outstanding on Cantaloupe and Honeydew out of Southern California, with very good sugar levels. Pricing is also very good.

Grapes: Quality is excellent, with great texture and sweetness, on Red and Green medium-sized fruit.

Kale: Quality is excellent on all Green and Tuscan Kale, with good color and full bunches.

Potatoes: New crop Idaho potatoes are now in season. Quality and pricing are very good.

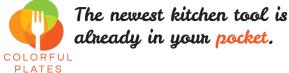
Squash: Autumn Squash is beginning to be harvested throughout the country. Butternut and Acorn are the most available—ask your distributor for recommendations!

Weather Update

California: Temperatures are cooling throughout all growing regions. Hurricane Rosa is south of the Baja coast and is expected to bring some wind and rain to southern California at the beginning of the week.

Mexico: Scattered thunderstorms and seasonal temperatures across Central Mexico.

Southeastern U.S.: Seasonal temperatures, with a tropical system potentially bringing more heavy rain to the Carolinas.



Created for chefs by chefs, **Colorful Plates** is an online toolkit for culinary artisans of all experience levels looking for produce knowledge and inspiration. From Michelin-starred restaurants to home cooking enthusiasts, advice, information, and creativity available on the website is designed to elevate produce understanding.

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Commodities at a Glance

APPLES	Quality and pricing are good	TO CELERY	Quality and pricing are good	LETTUCE LEAF	Quality is good, pricing is higher on Green Leaf
W ASPARAGUS	Quality and pricing are good, with Pencil and Standard the best buys.	CITRUS (LEMONS)	Quality is good, pricing is higher	LETTUCE TENDER LEAF	Quality is fair, pricing is good
AVOCADO	Quality and pricing are good	CITRUS (LIMES)	Quality and pricing are good	MELON (CANTALOUPE)	Quality and pricing are good
BELL PEPPERS	Quality is fair, pricing is good	CITRUS (ORANGES)	Quality is poor, pricing is higher, smaller sizes are very scarce	MELON (HONEYDEW)	Quality and pricing are good
BERRIES (BLACKBERRIES)	Quality and pricing are fair	CUCUMBERS	Quality is good to fair, pricing is much higher on Western product	MELON (WATERMELON)	Quality and pricing are good
BERRIES (BLUEBERRIES)	Quality is fair, pricing is higher	EGGPLANT	Quality and pricing are fair	ONIONS	Quality and pricing are good
BERRIES (RASPBERRIES)	Quality and pricing are good	GARLIC	Quality is fair, pricing is higher	PEARS	Quality and pricing are good
BERRIES (STRAWBERRIES)	Quality is fair to good, pricing may be higher	GRAPES (GREEN)	Quality and pricing are good	PINEAPPLES	Quality and pricing are good
→ BROCCOLI	Quality is good, pricing is higher	GRAPES (RED)	Quality and pricing are good	POTATOES	Quality and pricing are good
BRUSSELS SPROUTS	Quality is improved to good to fair. Pricing is higher than normal	GREEN ONIONS	Quality is fair, pricing is higher	POTATOES (COLORED)	Quality and pricing are good
CARROTS	Quality and pricing are good	KALE	Quality and pricing are good	SQUASH	Quality and pricing are fair
CAULIFLOWER	Quality and pricing are good	LETTUCE ICEBERG	Quality is fair, pricing is higher	TOMATOES	Quality is good, pricing may be higher in certain markets
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